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| **TFAH Healthy Aging Resources Toolkit** |
| **Topic** | **Resource w/ Link** | **Source** |
| **Age-Friendly Communities**  | [Age-Friendly Communities](https://www.aarp.org/livable-communities/network-age-friendly-communities/info-2014/an-introduction.html) | AARP Age-Friendly Communities |
| [Age-Friendly Sarasota Action Plan](https://www.agefriendlysarasota.org/images/age-friendly-sarasota-action-plan.pdf) | Age-Friendly Sarasota |
| [Age-Friendly Communities Membership Application](file:///%5C%5CEgnyteDrive%5Ctfah%5CShared%5CDocuments%5CPolicy%20Development%202017%5CAging%5CAARP%20Materials%5CAARP-NAFC-Member-Application.docx) | AARP Age Friendly Communities |
| [Creating an Age-Friendly City](https://www.chulavistaca.gov/home/showdocument?id=17737) | Age-Friendly Chula Vista |
| [Age-friendly Neighborhoods](http://www.agefriendlyneighborhoods.nyc/manhattan/) | Age Friendly NYC |
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| **Aging in Place** | [Integrating Health and Community Supports for Older Adults](https://www.air.org/system/files/downloads/report/Integrating-Health-and-Community-Supports-for-Older-Americans-Nov-2016.pdf) | American Institutes for Research |
| [Community Based Models for Aging in Place](https://www.air.org/system/files/downloads/report/Community-Based-Models-for-Aging-in-Place-Nov-2016.pdf) | American Institutes for Research |
| [Aging in Place](https://www.wnpt.org/agingmatters/aging-in-place/) | Nashville Public Television |
| [Aging in Place in Small Urban and Rural Communities](https://www.ugpti.org/resources/reports/downloads/surlc17-006.pdf)  | Upper Great Plains Transportation Institute North Dakota State University |
| [Aging Gracefully in Place](http://nchh.org/research/aging-gracefully/)  | National Center for Healthy Housing  |
| [Aging in Place Program](https://www.memphishabitat.com/aging-in-place) | Habitat for Humanity  |
| [Aging in Place in Rural Communities](https://www.ruralhealthinfo.org/toolkits/aging/1/rural-issues) | HHS/HRSA |
| [CAPABLE Model](https://www.johnshopkinssolutions.com/solution/capable/)  | Johns Hopkins Healthcare Solutions |
| [Meeting patients where they live](https://www.healthaffairs.org/doi/10.1377/hlthaff.2019.00225) | Health Affairs  |
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| **Built Environment** | [Inclusive Healthy Places Framework](https://gehlinstitute.org/wp-content/uploads/2018/07/Inclusive-Healthy-Places_Gehl-Institute.pdf) | Gehl Institute, RWJF |
| [Age-friendly Neighborhoods](http://www.agefriendlyneighborhoods.nyc/manhattan/)  | Age Friendly NYC  |
| [Rails to Trails Conservancy](https://www.railstotrails.org/our-work/) Projects and Initiatives | Rails to Trails Conservancy |
| [Walk Maryland Day Report](https://phpa.health.maryland.gov/ccdpc/WalkMD/Documents/2018%20Walk%20Maryland%20Day%20Report.pdf)  | Maryland Department of Health  |
| [NYC Parks Resources for Seniors](https://www.nycgovparks.org/seniors) | New York City Department of Parks and Recreation  |
| [Parks and Public Spaces for People of All Ages](https://www.aarp.org/livable-communities/tool-kits-resources/info-2018/livable-parks-guide.html?cmp=EMC-DSM-NLC-LC-HOMFAM-20180926_LivableCommunities_336300_484704-092618-F1-ParksGuide-CTA_Button-CTRL-3250877&mi_u=42455063&mi_ecmp=20180926_LivableCommunities_336300_484704&encparam=dg23mYfDSJk5jeO8cwUbAA%3d%3d) | AARP |
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| **Caregiving** | [Atlas Care Map](https://atlasofcaregiving.com/) | Atlas of Caregiving |
| [Retooling for An Aging America](https://www.nap.edu/download/12089) | National Academy of Medicine  |
| [10 Government Programs for Helping Caregivers for Older Adults](https://www.agingcare.com/articles/10-government-programs-caregivers-can-access-for-their-elderly-parents-120513.htm) | Aging Care |
| [Caregiving Documentary](https://www.wnpt.org/agingmatters/caregiving/) | Nashville Public Television |
| [Preventive Medicine Review Course](https://www.acpm.org/page/pmreviewcourse/Preventive-Medicine-Review-Course.htm) | American College of Preventative Medicine  |
| [Center on Aging and Community Living Research and Evaluation](https://chhs.unh.edu/center-aging-community-living/research-evaluation) [Transitions in Caregiving Article](https://www.tandfonline.com/eprint/fMRvhqQhUkCFkvdMWSpm/full#.U3ULxIFdWIg) | UNH College of Health and Human Services  |
| [The Direct Care Workforce](https://www.ncbi.nlm.nih.gov/books/NBK215393/)  | Institute of Medicine Committee on the Future Health Care Workforce for Older Americans |
| [Caregiver Health](https://www.healthyagingpoll.org/report/november-2017-report-dementia-caregivers-juggling-delaying-and-looking-forward)  | University of Michigan National Poll on Healthy Aging  |
| [Economic Value of Informal Caregiving](https://ajph.aphapublications.org/doi/10.2105/AJPH.2018.304573) | American Journal of Public Health |
| [Home Alone Revisited: Family Caregivers Doing Complex Care](https://www.johnahartford.org/events/view/aarp-home-alone-revisited-family-caregivers-providing-complex-care/) | AARP and The John A. Hartford Foundation |
| [Economic Impacts of Caregiving](https://www.healthaffairs.org/doi/10.1377/hlthaff.2019.00008) | Health Affairs  |
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| **Cognition, Alzheimer’s and Dementia** | [Public Health Roadmap for State and Local Partnerships: Healthy Brain Initiative](https://www.cdc.gov/aging/pdf/2013-healthy-brain-initiative-interim-report.pdf) | Alzheimer’s Association |
| [Alzheimer’s Disease by Race and Ethnicity](https://www.alzheimersanddementia.com/article/S1552-5260%2818%2933252-7/fulltext) | Alzheimer’s Association |
| [Dementia and guns](https://khn.org/news/dementia-and-gun-safety-when-should-aging-americans-retire-their-weapons/?utm_campaign=KHN%3A%20Daily%20Health%20Policy%20Report&utm_source=hs_email&utm_medium=email&utm_content=64035735&_hsenc=p2ANqtz-9zuuCfFCz-TvnppjuGTg2F2yVxZJep9PTCOoNcgaTV-lJ-8p79pk-qDr9yHtaazwtVhDMeSDxA8-eDgl3ABKvtgKNydw&_hsmi=64035735) | Kaiser Health News |
| [Living with Alzheimer’s and Dementia Documentary](https://www.wnpt.org/agingmatters/alzheimers-dementia/)  | Nashville Public Television |
| [Rapid Geriatric Assessment](http://aging.slu.edu/uploads/RGA_Algorithms_and_Pt_Info_Sheets_Updated_7_9_2016.pdf) | St. Louis University |
| [Cognitive Stimulation Therapy (CST) and iCST](https://www.slu.edu/medicine/internal-medicine/geriatric-medicine/aging-successfully/cognitive-stimulation-therapy.php) | St. Louis University |
| [The NIH Toolbox](http://www.healthmeasures.net/index.php?option=com_content&view=category&layout=blog&id=150&Itemid=844) | HealthMeasures |
| [HADI Hawaii Memory Care Navigator Roadmap](https://www.hawaii.edu/aging/wp-content/uploads/2016/07/HADI_Roadmap_FINAL-March-2016.pdf) | Hawaii Alzheimer’s Disease Initiative  |
| [Dementia Friends Hawaii](http://agefriendlyhonolulu.com/dementia-friends/)  | Age-Friendly Honolulu  |
| [Dementia Friendly Orange County](https://dforangecounty.org/dementia-friendly/)  | Orange County Department on Aging  |
| [Dementia Friendly America Community Toolkit](http://www.dfamerica.org/toolkit-getting-started/)  | Dementia Friendly America |
| [Improvement – Using Dance to Improve Brain Function](http://www.improvment.us/) |  |
| [Road Map for Indian Country](https://www.cdc.gov/aging/healthybrain/pdf/HBI-Road-Map-for-Indian-Country-508.pdf)State and Local Public Health [Partnership](https://www.cdc.gov/aging/pdf/2018-2023-Road-Map-508.pdf) to Address Dementia: The 2018-2023 Road Map | CDC |
| [Age and Dementia Friendly Integration Toolkit](https://www.mass.gov/massachusetts-age-and-dementia-friendly-integration-toolkit) | Massachusetts Department of Elder Affairs |
| [Alzheimer’s Disease and Healthy Aging Data Portal](https://www.cdc.gov/aging/agingdata/index.html?deliveryName=FCP_10_USCDC_944_DM2322&deliveryName=USCDC_944_DM2322) | CDC |
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| **Data (Measurement and Collection)** | [Key Indicators of Well-being](https://www.acl.gov/node/505) | HHS/Administration for Community Living |
| [Healthy Aging Data by State](https://www.cdc.gov/aging/agingdata/index.html) | CDC |
| [Aging Integrated Database](https://agid.acl.gov/) | HHS/Administration for Community Living |
| [Profile of Older Americans](https://www.acl.gov/node/537) | HHS/Administration for Community Living |
| [Livability Index](https://livabilityindex.aarp.org/) | AARP |
| [Families Caring for an Aging America](https://www.nap.edu/read/23606/chapter/1) | The National Academies of Sciences, Engineering, Medicine |
| [MA Healthy Aging Collaborative](https://mahealthyagingcollaborative.org/age-friendly/dfaf-report/) | Massachusetts Healthy Aging Collaborative |
| [Image: NYC Interactive Map of Aging](http://www.imagenycmap.org/)  | New York Academy of Medicine  |
| [HHS emPOWER Map 3.0](https://empowermap.hhs.gov/) | Department of Health and Human Services |
| [CDC Multiple Cause of Death Archives](https://wonder.cdc.gov/controller/datarequest/D48)  | CDC |
| [Web-based Injury Statistics Query and Reporting System, WISQARS](https://www.cdc.gov/injury/wisqars/index.html) | CDC |
| [Aging Stats](https://agingstats.gov/) | Federal Interagency Forum on Age-Related Statistics |
| [2019 federal poverty guidelines](http://r20.rs6.net/tn.jsp?f=001u9SjDHHTz3H61dc2eE_JVJGo52nvTq2raACcv2-Wb1UJqlmGEOMxTgKi-ppi_6WGTabZ_rT8Dj4Jcesn9SqM41eUImbVyzj8usae-_5mkA13st-4znSkv3wkxU_XsfmbQwM6wYTdBc5ZC7rwYeYJMqBfDcCh5QDpUDZykfNuwMBWl6rS36LD8X0ZA6EOwGmRfHIrj6Hb96ZLZ33mJ_jx2ytZ6QsTq_A_adWzTzXS-QbTBhqAjPf9lu8NkWuNg0tk4xtm8zQFy6Q-LN7T-0QYd_diYTg1C2q4xUE9U-INt5E=&c=YjjwHxPJUEEkp1gCdXOdAn8KkTYkAfe3814zoVEIe85uPqIzfDHrUA==&ch=Y73e7_xUHOHdy_iNwn0QSqhgDl3TN8jZCuyuShSN_1eNE_l7Xse8ag==) | HHS |
| [CDC Data Brief on Coronary Heart Disease and Stroke](https://www.cdc.gov/aging/agingdata/data-portal/state-aging-health.html?deliveryName=FCP_10_USCDC_944_DM2322&deliveryName=USCDC_944_DM2322) | CDC |
| [Well-being in the Nation (WIN) Measurement Framework](https://www.100mlives.org/measure/#framework) | 100 Million Healthier Lives |
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| **Economics** | [Economics of Aging Documentary](https://www.wnpt.org/agingmatters/economics-of-aging/) | Nashville Public Television |
| [Impact of California’s Budget on Older Adults and People with Disabilities](http://www.thescanfoundation.org/sites/default/files/2018-2019_enacted_budget_fact_sheet_july_2018_072318_final.pdf) [Foundation Goals](http://www.thescanfoundation.org/our-goals)  | The SCAN Foundation  |
| [Financial Concerns of Older Adults](http://r20.rs6.net/tn.jsp?f=001iaXMMunuZpLhXAKXveJR5UTZCM9OS-mB5vIy7DdXZ6uTIUteKtOmAR3u4_CgJiAuSnZoVtU46L7h2WiK_r2e6Wa2dLiKJI2wY-3qKQpov03Jl_xOSzURPAOJRwLCWe5JpkCL-6K7CLi8Rqh0NJXHeC7tvzU-I1CiQQ9J1vJhyNzhdbT1wSNHf3_4g1p76M7CFn1frEO4XWDNbcgnO-PP9W_07njL-ncwXBhn2gn79bkBYlHeLUaM7mvn8bFzCOPur0phJRw_M2lVROZNQ2SIVbtXxhzlIYIu2yECAj564Is=&c=OY9b7grvcLvMit2Q-YAMM01ANya5c78LwcNOg9Ct90d2XzlOTMBqyg==&ch=B2ZmubLXePfCXd4R11FdG9mucF3Epf9qfLRAiY6b8mgvBZFRqVO8ZQ==) | National Council on Aging and Ipsos |
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| **Elder Abuse** | [Elder Justice Resources](https://www.ncoa.org/public-policy-action/elder-justice/) | National Council on Aging |
| Brains and Losses | American Public Media's Marketplace Morning Report |
| [Abuse and Exploitation Documentary](https://www.wnpt.org/agingmatters/abuse-exploitation/) | Nashville Public Television |
| [Elder Abuse Victimization](https://www.nij.gov/topics/crime/elder-abuse/Pages/welcome.aspx)  | Department of Justice |
| [Promoting Justice for LGBT Communities of All Ages](http://eldermistreatment.usc.edu/wp-content/uploads/2018/09/NCEA_SAGE_FORGE_PayingItBack_508web.pdf) | National Center on Elder Abuse |
| [LGBT Older People: Our Right to a Peaceful Life](http://eldermistreatment.usc.edu/wp-content/uploads/2018/09/NCEA_SAGE_FORGE_RightToPeacefulLife_508web.pdf) | National Center on Elder Abuse |
| [Understanding and Working with Adult Protective Services](http://eldermistreatment.usc.edu/wp-content/uploads/2018/05/Understanding-and-Working-with-APS_May2018.pdf) | National Center on Elder Abuse |
| [Elder Abuse Screening Tools for Healthcare Professionals](http://eldermistreatment.usc.edu/wp-content/uploads/2016/10/Elder-Abuse-Screening-Tools-for-Healthcare-Professionals.pdf)  | National Center on Elder Abuse |
| [Violence against older adults is rising](http://r20.rs6.net/tn.jsp?f=001J8GU-_FLD5WyXrRX23uRs_xfBJYBIV6G3NQOEKv_Gk6CDb1d-jhqq_zRjueflP8jIyT5l_56qyOirTu7lNHiKLh6bxN4a6Ubg4gLBmHkLq4ZV1-JAQ37DT35tqUzK1Svn93zi-davqDEarPwf2H7XWWMeQIjZpfpbTU5og5D9Xtny_SsedPJWAnQPcEenwJUMvxLwZ8MYk0M9XHtQW51NJ-mewKiNmehwzr9Ia3NdOIB2W91Iaedo6y9iBJm8IEq5LAeddhpu5WGAAhCf2YMo_4mkPVwT8pQTtNIEqixpnoq_jV1dybGxAtvnVKmFgioCbjQJBz8ad5KWW1ePHgeOq53_IuTpzy1dGZ0_Qqh1No=&c=E_ivk6FeC2HFko1gLnJvBwMac2304YnnOFWRrr-DM8ulFQuZOgN1UA==&ch=bEQyGaqI_rd0GVfwKa3LCkjeYKHyH_SVlUggZ47NHRtDqlU-BPLIQg==) | CDC |
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| **Emergency Preparedness** | [Special Needs Shelter](http://okaloosa.floridahealth.gov/programs-and-services/public-health-preparedness/special-needs-shelter.html)  | FL Okaloosa County Medical Corps |
| Crisis Counseling Assistance and Training Program  | HHS/Substance Abuse and Mental Health Services Administration |
| [Identifying Vulnerable Older Adults and Legal Options for Increasing Their Protection During All-Hazards Emergencies](https://www.cdc.gov/aging/emergency/pdf/guide.pdf) | CDC |
| [Emergency Preparedness for Older Adults](https://www.cdc.gov/aging/emergency/) | CDC |
| [Preparedness Brief](http://nacchopreparedness.org/the-hhs-empower-initiative-emergency-preparedness-tools-addressing-the-needs-of-energy-dependent-at-risk-populations-2/)-NACCHO | National Association of City and County Health Officials |
| [Older Adults and Disaster Care](https://www.youtube.com/watch?v=J4gXGARacBo&feature=youtu.be) Webinar[Oder Adults in Disasters Curriculum](https://www.usuhs.edu/ncdmph/older-adult-curriculum) | The National Center for Disaster Medicine and Public Health (NCDMPH), Office of the Assistant Secretary for Preparedness and Response (ASPR)  |
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| **End of Life Care** | [End of Life Documentary](https://www.wnpt.org/agingmatters/end-of-life/) | Nashville Public Television |
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| **Equity** | [Create NYC Cultural Plan](https://createnyc.org/wp-content/uploads/2017/07/CreateNYC_Report_FIN.pdf)  | Create NYC  |
| [Access Hears: Hearing Care for All](http://accesshears.com/)  | Johns Hopkins School of Medicine  |
| [Photovoice Method to Engage Older Adults of Color and Language Minorities](https://nhpha.org/images/TUTA2017Presentations/newAdachiMejia_Aytur_Photovoice_111517.pdf)  | The Dartmouth Institute for Health Policy and Clinical Practice  |
| [Latino Age Wave Colorado](https://www.latinocfc.org/latino-age-wave)  | Latino Community Foundation of Colorado  |
| [Messaging to Advance Health Equity in Public Policy](https://nam.us11.list-manage.com/track/click?u=1dee17686e06c5e596766b1df&id=b39bcc7a6e&e=1baf71e641) | The National Academies of Medicine |
| [A Blueprint for Changemakers: Achieving Health Equity Through Law & Policy](https://www.changelabsolutions.org/product/blueprint-changemakers) | ChangeLab Solutions |
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| **Evidence-based Programs** | [The National Chronic Disease Self-Management (CDSME) Database](https://www.ncoa.org/wp-content/uploads/National-CDSME-Database-OVERVIEW-5-10-2018.pdf) | National Council on Aging  |
| [Promising Practices Tip Sheets](http://r20.rs6.net/tn.jsp?f=001V9_9RBcHSFHyLcyMwSJSLZnvC4A4GPuGHlMm1LlY4lIlHYC-hqO8LOC_mYwvhM9OycKpsoLMcNEyoyXKdni_kMVQMwBdYxQ9f3Mo9sLdr1qKNFK9wFVs9E-14a9XbDmcxO86OC2dvqbx0EX7GBSRPILrdv9AH5W958PWVZW6TANo_kpIgt-tdSLpoJK-CA8mHgvuFGGJTqPxFGhTbRs0IvXK-jrAn79tIUCT4ZzxkSE=&c=vyUyAYPl0k_XCULaUvVd0j2sCtalIZjb_JSK88JcRRCZ4nMBgaqAKg==&ch=H9QOZOj51pzlcTrl0liyNq3E0SmoIN7h9m10ybqTbjDYhLVUpkNJ_Q==) | National Alliance of States United for Aging and Disabilities |
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| **Fall Prevention** | [CDC Falls Prevention website: STEADi](https://www.cdc.gov/steadi/) | CDC |
| [Evidence-based Falls Prevention Programs](https://www.ncoa.org/healthy-aging/falls-prevention/falls-prevention-programs-for-older-adults-2/#intraPageNav1) | National Council on Aging |
| [Utah Falls Prevention Alliance](https://ucoa.utah.edu/fpa/) | Utah Commission on Aging |
| [Otago Exercise Program](http://www.med.unc.edu/aging/cgec/exercise-program/tools-for-practice) | UNC School of Medicine  |
| [Satellite Beach Fall Prevention Training](https://www.satellitebeachfire.com/fall-prevention-professionals)  | Satellite Beach Fire Department  |
| [New Mexico Adult Falls Prevention Coalition](https://nmhealth.org/about/erd/ibeb/oafp/)[Strategic Plan](file:///C%3A%5CUsers%5Cmegan%5CUsers%5Cjuliasabrick%5CDesktop%5CHAS2018_NM%20Falls%20Prevention_Handout.pdf)  | Health Insight New Mexico  |
| [Tracking Falls](https://www.cdc.gov/pcd/issues/2019/18_0462.htm) | CDC’s *Preventing Chronic Disease* |
| [Coordinated Care Plan to Prevent Older Adult Falls](https://links.govdelivery.com/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTIwMTkwNTAyLjU0NDc5MjEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTkwNTAyLjU0NDc5MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmlhbD0xNzIzNjMwNyZlbWFpbGlkPWphdWVyYmFjaEB0ZmFoLm9yZyZ1c2VyaWQ9amF1ZXJiYWNoQHRmYWgub3JnJmZsPSZleHRyYT1NdWx0aXZhcmlhdGVJZD0mJiY=&&&100&&&https://go.usa.gov/xm5V9)[STEADI: Evaluation Guide for Older Adult Clinical Fall Prevention Programs](https://links.govdelivery.com/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTIwMTkwNTAyLjU0NDc5MjEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTkwNTAyLjU0NDc5MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmlhbD0xNzIzNjMwNyZlbWFpbGlkPWphdWVyYmFjaEB0ZmFoLm9yZyZ1c2VyaWQ9amF1ZXJiYWNoQHRmYWgub3JnJmZsPSZleHRyYT1NdWx0aXZhcmlhdGVJZD0mJiY=&&&101&&&https://go.usa.gov/xm5V5) | CDC |
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| **Food Insecurity** | [Meals on Wheels](https://www.mealsonwheelsamerica.org/) | Meals on Wheels America |
| [The Impact of Poverty, Food Insecurity, and Poor Nutrition on Health and Well-Being](file:///%5C%5CEgnyteDrive%5C..%5CUsers%5Cjuliasabrick%5CDesktop%5CFRAC.pdf) | Food Research and Action Center (FRAC) |
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| **Future Challenges** | [The New Old Age Documentary](https://www.wnpt.org/agingmatters/new-old-age/) | Nashville Public Television |
| [Meeting the Challenges of an Aging Society](https://c.ymcdn.com/sites/www.chronicdisease.org/resource/resmgr/Healthy_Aging_Critical_Issues_Brief/Aging_Society_SHD.pdf) | National Association of Chronic Disease Directors |
| [Aging in the 21st Century: A Celebration and a Challenge](https://www.unfpa.org/sites/default/files/pub-pdf/Ageing%20report.pdf) | United Nations Population Fund |
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| **Health Care** | [Creating Age-Friendly Health Care Systems](https://www.aha.org/system/files/2018-05/creating-age-friendly-health-systems-5-30.pdf) | American Hospital Association |
| [Age-Friendly Health Systems Initiative](http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx) | Institute for Healthcare Improvement |
| [Rural Health Information Hub](https://www.ruralhealthinfo.org/topics/aging) | HHS/HRSA |
| [Rural Community Health Toolkit](https://www.ruralhealthinfo.org/toolkits/rural-toolkit) | HHS/HRSA |
| [Carolina Geriatric Education Center](http://www.med.unc.edu/aging/cgec/)  | UNC School of Medicine  |
| [Mission Health Partners](http://blog.mission-health.org/2017/11/08/partnering-empower-patients-mission-health-partners-care-coordination/)  | Mission Health Partners North Carolina  |
| [TIPS about SCRIPS](file:///C%3A%5CUsers%5Cmegan%5CUsers%5Cjuliasabrick%5CDesktop%5CTIPS%20About%20SCRIPS.pdf) | Area Agency on Aging  |
| SAGE: Seniors Assisting in Geriatric Education  | University of North Texas Health Science Center |
| [ECHO-Chicago: Geriatrics](https://cme.uchicago.edu/echogeriatrics17) | University of Chicago  |
| [Quick Reference Guide to Promising Care Models for Patients with Complex Needs](https://www.commonwealthfund.org/publications/2019/feb/care-models-patients-complex-needs) | Commonwealth Fund |
| [Additional Medicare information](http://r20.rs6.net/tn.jsp?f=001J8GU-_FLD5WyXrRX23uRs_xfBJYBIV6G3NQOEKv_Gk6CDb1d-jhqq_zRjueflP8jpVp8C2gcOtu5zE6T4hNEnYt_IIKt9QBHcDfldpczAnZWlaG8-3w0p-Lp_5YnOQN1v19S5Vp8VDp7-22rhDU2ZtYYCbajxUtheI07xiaGTwPH8OpboHJbOomZuCBGy2GcJK10qgrvIrvpEoEzF4igxCZc5yrpeL6a5yjOwPmqBXpRcl-He-k--YzDAUboQkJk592OZZdTcNqEYnBXI8YnTDj8PVDVhXuHpm1d1ENNKD6piU0u-qiCxveSmEE1Np4Hy_mBZ3tVmSwjojsC4G4d3C-WR5aU-q_ueKHRTPbO_Gk=&c=E_ivk6FeC2HFko1gLnJvBwMac2304YnnOFWRrr-DM8ulFQuZOgN1UA==&ch=bEQyGaqI_rd0GVfwKa3LCkjeYKHyH_SVlUggZ47NHRtDqlU-BPLIQg==) | The National Council on Aging |
| [Explaining The Slowdown In Medical Spending Growth Among The Elderly, 1999–2012](https://www.healthaffairs.org/doi/full/10.1377/hlthaff.2018.05372) | Health Affairs |
| A Primer on Managed Care: Multiple Chronic Conditions | Aging and Disability Business Institute |
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| **Housing** | [Pre-Senior Housing](https://homeofthesparrow.org/services/pre-senior-housing/) | Home of the Sparrow |
| [Testing Smart Home Technology That Can Help Seniors](https://www.wcvb.com/article/testing-smart-home-technology-that-can-help-seniors/20090718)  | WCVB |
| [Elders Living at Home Program](https://www.bmc.org/programs/elders-living-home)  | Boston Medical Center  |
| [Friendship Centers Model](http://campaign.r20.constantcontact.com/render?m=1108695245204&ca=89f2e155-97ca-44a8-92a9-69538ec6925e) | Age Friendly Sarasota |
| Middle-[income](https://www.healthaffairs.org/doi/10.1377/hlthaff.2018.05233) seniors and a looming housing crisis | Health Affairs |
| [Using senior housing to coordinate older adult health services](http://www.ltsscenter.org/reports/Financing_Services_in_Affordable_Senior_Housing_FULL_REPORT.pdf)[Report Snapshot](http://www.ltsscenter.org/reports/Financing_Services_in_Affordable_Senior_Housing_RESEARCH_SNAPSHOT.pdf) | LeadingAge LTSS Center @UMass Boston |
| [The ABCs of ADUs (Accessory Dwelling Units)](https://www.aarp.org/content/dam/aarp/livable-communities/livable-documents/documents-2019/ADU-guide-2-page-handout.pdf) | AARP |
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| **Miscellaneous** | [Communicating in Indian Country: Healthy Heart, Healthy Brain](http://www.astho.org/Healthy-Aging/Healthy-Heart-Healthy-Brain/) | Association of State and Territorial Health Officials |
| [World Report on Aging and Health](http://apps.who.int/iris/bitstream/handle/10665/186463/9789240694811_eng.pdf;jsessionid=3B62E1F24D854728AD8CF4667F267C9F?sequence=1) | World Health Organization |
| [A Public Health Framework for Healthy Aging](https://www.ramseycounty.us/sites/default/files/Departments/Public%20Health/Healthy_Aging_A_Public_Health_Framework_SPRCPH.pdf) | Saint Paul-Ramsey County, MN |
| [National Aging Network](https://www.longtermcarelink.net/eldercare/area_agencies_on_aging.htm) | National Care Planning Council |
| [Network Visualization](file:///C%3A%5CUsers%5Cmegan%5CUsers%5Cjuliasabrick%5CDesktop%5CNetwork%20Visualization.pdf)[Share Network](file:///C%3A%5CUsers%5Cmegan%5CUsers%5Cjuliasabrick%5CDesktop%5CShare%20Network%20.pdf)   | South Side Healthy Aging Resource Experts  |
| [Pre-Workshop Exercise](file:///C%3A%5CUsers%5Cmegan%5CUsers%5Cjuliasabrick%5CDesktop%5CHASW%20Pre-Workshop%20Exercises%20Analysis%20Brief_ASTHO.docx)  | Healthy Aging Summit |
| [Advocacy Goals](https://www.gu.org/who-we-are/results/)  | Generations United |
| [Risk and Protective Factors in Aging](https://www.oasas.ny.gov/prevention/senior/RPFactors.cfm) | New York State Office of Alcoholism and Substance Abuse Services |
| [Healthy Aging and Public Health Community Meeting](http://www.astho.org/Programs/Prevention/Healthy-Aging/Healthy-Aging-and-Public-Health-Learning-Community-Meeting-Summary-Report/) | Association of State and Territorial Health Officials |
| [Artificial Intelligence Applications for Older Adults](https://www.nap.edu/catalog/25427/artificial-intelligence-applications-for-older-adults-and-people-with-disabilities) | The National Academies of Sciences, Engineering and Medicine |
| [HCBS Business Acumen Center Toolkit](http://r20.rs6.net/tn.jsp?f=001iaXMMunuZpLhXAKXveJR5UTZCM9OS-mB5vIy7DdXZ6uTIUteKtOmAR3u4_CgJiAu209Fc0gI9g-IxIb3NhxhBKS4Lz_NynupaZUFqilBQ2L5wrj6rsHhfNInIjAKBGZQzzizQis8tWNm-Oz9x2vr83AptPtsdDPYEtoL5C7mz_OS-ZTvnPN894zprzzG2sIMVFWlZXCC1Oc=&c=OY9b7grvcLvMit2Q-YAMM01ANya5c78LwcNOg9Ct90d2XzlOTMBqyg==&ch=B2ZmubLXePfCXd4R11FdG9mucF3Epf9qfLRAiY6b8mgvBZFRqVO8ZQ==) | The National Association of States United for Aging and Disabilities (NASUAD) |
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| **Nutrition** | [Nutrition and Aging Documentary](https://www.wnpt.org/agingmatters/nutrition-aging/) | Nashville Public Television |
| [Shop ‘N Eat Program](https://www.aacounty.org/services-and-programs/shop-n-eat-program)  | Anne Arundel County Department of Aging & Disabilities  |
| [The Impact of Poverty, Food Insecurity, and Poor Nutrition on Health and Well-Being](http://www.frac.org/wp-content/uploads/hunger-health-impact-poverty-food-insecurity-health-well-being.pdf)[Role of SNAP](https://frac.org/wp-content/uploads/hunger-health-role-snap-improving-health-well-being.pdf) | Food Research and Action Center  |
| [CDC Attempts to Lose Weight Among US Adults](https://www.cdc.gov/nchs/data/databriefs/db313.pdf)  | NCHC Data Brief  |
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| **Oral Care** | [The Oral Health Project](https://oralhealth.acl.gov/oral-health-guide)  | Administration for Community Living; Administration on Aging  |
| [Dental Care at Midlife](https://www.healthyagingpoll.org/report/september-2017-report-dental-care-midlife-unmet-needs-uncertain-future)  | University of Michigan National Poll on Healthy Aging  |
| [Rhode Island Oral Health Report in Skilled Nursing Facilities](http://health.ri.gov/publications/reports/2018SkilledNursingFacilitiesOralHealth.pdf)  | Rhode Island Department of Public Health  |
| [Community Guide to Adult Oral Health Program Implementation](https://oralhealth.acl.gov/sites/default/files/uploads/docs/OralHealthGuide.pdf) | HHS/Administration for Community Living/Office on Women’s Health  |
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| **Opioid/Substance Misuse** | [Older Adults’ Experiences with Opioid Prescriptions](https://www.healthyagingpoll.org/report/july-2018-report-older-adults-experiences-opioid-prescriptions)  | University of Michigan National Poll on Aging  |
| [Administration for Community Living - Opioids and Older Adults](https://www.acl.gov/sites/default/files/programs/2018-06/ACL%20Opioid%20Issue%20Brief%20-%20June%202018.pdf)  | Administration for Community Living  |
| [A DAY IN THE LIFE OF OLDER ADULTS: SUBSTANCE USE FACTS](https://www.samhsa.gov/data/sites/default/files/report_2792/ShortReport-2792.html) | HHS/Substance Abuse and Mental Health Services Administration |
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| **Physical Activity** | [Increasing Active Transportation with Moderate Resources](http://essentialelements.naccho.org/archives/11925) | National Association of City and County Health Officials |
| [Increasing Active Transportation with Few Resources](http://essentialelements.naccho.org/archives/11523) | National Association of City and County Health Officials |
| [Exercise Programs that Promote Senior Fitness](https://www.ncoa.org/center-for-healthy-aging/basics-of-evidence-based-programs/physical-activity-programs-for-older-adults/) | National Council on Aging |
| [NYC Parks Resources for Seniors](https://www.nycgovparks.org/seniors) | New York City Department of Parks and Recreation  |
| [I Can Do it! President’s Council](https://www.hhs.gov/fitness/programs-and-awards/i-can-do-it/index.html) | Department of Health and Human Services  |
| [FizikaFlex](http://www.fizikaflex.com/) | Fizika Group |
| Arthritis and [Physical](https://www.cdc.gov/mmwr/volumes/68/wr/mm6817a2.htm?s_cid=mm6817a2_e%3e) Activity | CDC |
| [ACSM Scientific Pronouncements: Physical Activity Guidelines for Americans](https://www.acsm.org/acsm-positions-policy/physical-activity-guidelines-for-americans) | The American College of Sports Medicine (ACSM) |
| [Healthy Aging in Parks](https://www.nrpa.org/our-work/partnerships/initiatives/healthy-aging-in-parks/) | National Recreation and Parks Association |
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| **Prevention** | [Healthy Aging in Action](https://www.surgeongeneral.gov/priorities/prevention/about/healthy-aging-in-action-final.pdf) | Surgeon General’s National Prevention Strategy |
| [Aging and the National Prevention Strategy](http://pcacares.org/wp-content/uploads/2016/01/Aging-National-Prevention-Strategy.pdf) | Philadelphia Corporation for Aging |
| [“Prevention – a Life Course Approach”](https://www.gov.uk/government/publications/health-matters-life-course-approach-to-prevention/health-matters-prevention-a-life-course-approach) | UK Ministry of Health |
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| **Public Health Policy** | [Strategic Action Plan for Aging in Colorado](https://www.colorado.gov/pacific/sites/default/files/SAPGA%20Strategic%20Plan%20v4.pdf) | Colorado’s Strategic Action Planning Group on Aging |
| [Predictors of Aging: Public Health Policy Targets](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5016728/pdf/12913_2016_Article_1520.pdf) | BMC Health Services Research |
| [How States Can Support an Aging Population: Actions for Policymakers](https://www.milbank.org/publications/how-can-states-support-an-aging-population-actions-policymakers-can-take/)  | Milbank Memorial Fund |
| [Older Americans Act: Overview and Funding](https://crsreports.congress.gov/product/pdf/R/R43414) | Congressional Research Service |
| [Spotlight on the Older Americans Act (OAA)](https://www.aarp.org/content/dam/aarp/ppi/2019/02/older-americans-act.pdf) | AARP |
| [Paying for Aging Services](https://khn.org/news/payroll-tax-is-one-states-bold-solution-to-help-seniors-age-at-home/) | Kaiser Health News |
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| **Resilience** | [Healthy Aging Documentary](https://www.wnpt.org/agingmatters/healthy-aging/) | Nashville Public Television |
| [Indiana Case Study: Improving Preparedness](https://www.tfah.org/story/mesh-community-resilience/)  | Trust for America’s Health |
| [Building Older Adults’ Resilience by Bridging Public Health and Aging-in-Place Efforts](https://www.rand.org/pubs/tools/TL282.html) | Rand Corporation  |
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| **Reframing Aging** | [Framing Strategies to Advance Aging and Address Ageism as Policy Issue](http://frameworksinstitute.org/toolkits/aging/elements/items/aging_frame_brief.pdf) | Frameworks Institute |
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| **Rural Aging** | [Reversing Social Isolation in Rural America](https://www.giaging.org/documents/Tivity-Social-Isolation-Report-WEB_FINAL-181119.pdf) | Tivity Health |
| [Health and Community Policy Implications of Reversing Rural Isolation](https://bipartisanpolicy.org/library/rural-aging-health-and-community-policy-implications-for-reversing-social-isolation/?_cldee=YXBhcmVraEBiaXBhcnRpc2FucG9saWN5Lm9yZw%3d%3d&recipientid=contact-efe3dfce8fc0e61181025065f38b11d1-9d78eb9e9903436bb82fef2c2d665313&utm_source=ClickDimensions&utm_medium=email&utm_campaign=Press%20Update%20%7C%20Prevention&esid=b31eeed4-5c8c-e811-812e-c4346bdc22f1) | Bipartisan Policy Center |
| [Project ECHO](https://www.ahec.hawaii.edu/project-echo/)  | Hawaii State Rural Health Association  |
| [Rural Health Information Hub](https://www.ruralhealthinfo.org/topics/aging) | HHS/HRSA |
| [Rural Community Health Toolkit](https://www.ruralhealthinfo.org/toolkits/rural-toolkit) | HHS/HRSA |
| [Aging in Place in Rural Communities](https://www.ruralhealthinfo.org/toolkits/aging/1/rural-issues) | HHS/HRSA |
| [Engaging American Indian and Alaska Native Medicare Beneficiaries: Senior Toolkit](http://iasquared.org/wordpress2/wp-content/uploads/2014/12/SMP_AIAN_Outreach_Toolkit_FINAL_121714.pdf) | International Association for Indigenous Aging  |
| [Rural Aging in Place Toolkit](https://www.ruralhealthinfo.org/toolkits/aging) | Rural Health Information Hub |
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| **Social Isolation** | [Commun02](http://www.communo2.com) | App for connecting older adults with support services |
| [National Strategy for Engaging Older Adults](https://drive.google.com/file/d/1dvi3lm8oaq2iF70VsTAi3HsCw0PNtaa-/view) | engAGED: The National Resource Center for Engaging Older Adults |
| [A Connected Society – Strategy for Tackling Loneliness](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/748212/6.4882_DCMS_Loneliness_Strategy_web.pdf) | UK – HM Government |
| [The Unlonely Project](https://artandhealing.org/unlonely-overview/) | Foundation for Art and Healing |
| [Loneliness and Isolation Documentary](https://www.wnpt.org/agingmatters/loneliness-isolation/) | Nashville Public Television |
| [SU-CASA Arts Program](https://www1.nyc.gov/site/dcla/programs/su-casa-application.page)  | New York City Council  |
| PEARLS Community Based Depression [Treatment](http://www.pearlsprogram.org/Training.aspx) | Health Promotion Research Center  |
| [“Get Connected” Toolkit](https://store.samhsa.gov/system/files/sma03-3824.pdf)  | SAMHSA, National Council on Aging, Administration for Community Living  |
| [Eldervention Program](https://www.aaaphx.org/program-services/eldervention-program/)  | Area Agency on Aging  |
| [Overview of Oasis Lifelong Adventure](https://www.oasisnet.org/Portals/0/AboutUs/What_is_Oasis_Dec2017.pdf)  | Oasis Lifelong Adventure  |
| [Suicide Prevention for Older Adults](https://vetoviolence.cdc.gov/apps/successstories/showdoc.aspx?s=3067&dt=0)  | CDC, Department of Health and Human Services  |
| [Improving Social Support Through Technology (PRISM)](https://academic.oup.com/gerontologist/article/58/3/467/2996797) | *The Gerontologist* |
| [Congregate meals and social connectedness](https://acl.gov/sites/default/files/programs/2019-01/AoA_Issue_Brief_Food_Choices.pdf) | HHS |
| [Addressing social isolation to improve health outcomes](https://sirenetwork.ucsf.edu/tools-resources/resources/addressing-social-isolation-improve-health-older-adults-rapid-review) | University of California, San Francisco’s Social Interventions Research and Evaluation Network |
| [Older Americans Month—Connect, Create, Contribute](https://acl.gov/news-and-events/acl-blog/contribute-older-americans-month) | HHS Administration for Community Living (ACL) |
| [Community Toolkit](https://engagingolderadults.us5.list-manage.com/track/click?u=8e5a58f0539f4d7433f4faafc&id=a07fdca9be&e=82a37024e9) | engAGED |
| [Decreasing Social Isolation and Loneliness](https://www.healthaffairs.org/do/10.1377/hblog20190618.629601/full/?utm_source=Newsletter&utm_medium=email&utm_content=Social+Isolation+In+Older+Adults%3B+Awaiting+The+Supreme+Court+On+Risk+Corridors%3B+Work-Related+Opportunity+Costs+Of+Unpaid+Family+Care&utm_campaign=HAT+6-20-19) | Health Affairs  |
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| **Transportation/Complete Streets** | [Capabilities for Public Health Agency Involvement in Land Use and Transportation Decisions](https://www.umassmed.edu/globalassets/umass-worcester-prevention-research-center/documents/paprn-local-health-department-capabilities-wtasks-2017.pdf) | Physical Activity and Prevention Research Center, Johns Hopkins University |
| [Accessible Shared Streets Toolkit](https://www.fhwa.dot.gov/environment/bicycle_pedestrian/publications/accessible_shared_streets/index.cfm#design) | US Department of Transportation Federal Highway Administration |
| [Promoting Safe Transportation for Older Adults](https://www.elsevier.com/books/promoting-safe-transportation-among-older-adults/molnar/978-0-12-812153-5) | Preventive Medicine |
| [Older Adults & Transportation](https://www.nadtc.org/about/transportation-aging-disability/unique-issues-related-to-older-adults-and-transportation/) | National Aging and Disability Transportation Center |
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| **Working, Employment and Retirement**  | [Aging and the Workplace Documentary](https://www.wnpt.org/agingmatters/aging-and-the-workplace/) | Nashville Public Television |
| [Work, Aging and Retirement](https://academic.oup.com/workar/issue/2/3) | Boston College Center on Aging and Work |
| [Geriatric Workforce Enhancement Program (GWEP)](https://www.lvhn.org/our_services/key_support_services/department_of_community_health/geriatric_workforce_enhancement_program) | Lehigh Valley Health Network |
| [Older Americans in the workforce](http://r20.rs6.net/tn.jsp?f=001O9kpurb6Ua4YqMiVN3n0GI_ngrmMbzKr6EEyDIa1KMTD9MfSENauwNkU857RsfVl6TWmDr2pABknL3LLk40rKQEnRsAarzYEjR8TShMdVSTdH6z8Yeq8pGb262OpfSACI0ncKwXZnduJ-1XP7kbpWN7rrpBgRfO9RB9yeumi0GombNGm8KHz-cA49vIdhzek4DMX8cKAK9JTdxFyyTWpSo_ILA-ju6WX&c=kocTeAI0IRYHSvU5OpDov0Q41aj0BqN4KYUzHYJL6112WysR2SZmWQ==&ch=GTxgaqOdam2FEn6hmJdfJJ-w6eGHewVcNOa1KD03KZnHDrPCGu1uPg==) | United Income |