State of Alaska Physical Activity and Nutrition Program: Resources and references | November 10, 2021

Resources referenced by Alaska during the Trust for America’s Health – State of Obesity 2021: Better Policies for a Healthier America

Alaska Resources:

Alaska Physical Activity and Nutrition Program: www.dhss.alaska.gov/dph/Chronic/Pages/Obesity/

Early Care and Education and School-based policies and programs
• Robert Wood Johnson Foundation, Anchorage Signs of Progress

Fish to Schools, Traditional Native Foods, Food Policy Council
• Serving Fish and Locally Harvested Foods for School Lunches Success Story and Video
• Fish to Schools Guide and Classroom Lessons
• Traditional Foods Toolkit
• Donated Traditional Foods Poster (PDF)
• Alaska Food Policy Council

Active People Healthy Nation Projects
• Anchorage Bicycle & Pedestrian Advisory Committee
• Anchorage Park Foundation — Moose Loop | Inclusive Play

Play Every Day public education campaign
• Play Every Day website — http://www.playeveryday.alaska.gov
• Facebook, Instagram and YouTube — playeverydayak

Physical Activity Resources (posters, print materials, public service announcements)
• Alaska’s Gift PSA — Staying Active During the Pandemic

Sugary Drinks Resources (posters, print materials, public service announcements)
• Sugary Drinks Guide for Dental Providers: When Sugar is Not So Sweet (2017)
• Tooth Decay PSA

Alaska Obesity Burden Documents/Data Reports
• Physical Activity, Nutrition and Obesity Facts Report (2020)
• Early Childhood Physical Activity, Nutrition and Obesity Facts (2019)

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