

State of Alaska Physical Activity and Nutrition Program: Resources and references | November 10, 2021

Resources referenced by Alaska during the
Trust for America's Health – State of Obesity 2021: Better Policies for a Healthier America



Alaska Resources:

Alaska Physical Activity and Nutrition Program: www.dhss.alaska.gov/dph/Chronic/Pages/Obesity/

Early Care and Education and School-based policies and programs

- Robert Wood Johnson Foundation, [Anchorage Signs of Progress](#)
- MMWR Obesity in K–7 Students — Anchorage, Alaska, 2003–04 to 2010–11 School Years (2013)

Fish to Schools, Traditional Native Foods, Food Policy Council

- Serving Fish and Locally Harvested Foods for School Lunches [Success Story](#) and [Video](#)
- [Fish to Schools](#) Guide and Classroom Lessons
- [Traditional Foods Toolkit](#)
- [Donated Traditional Foods Poster \(PDF\)](#)
- [Alaska Food Policy Council](#)

Active People Healthy Nation Projects

- Anchorage [Bicycle & Pedestrian Advisory Committee](#)
- Anchorage Park Foundation — [Moose Loop](#) | [Inclusive Play](#)

Play Every Day public education campaign

- Play Every Day website — <http://www.playeveryday.alaska.gov>
- [Facebook](#), [Instagram](#) and [YouTube](#) — playeverydayak

Physical Activity Resources (posters, print materials, public service announcements)

- [Alaska's Gift PSA – Staying Active During the Pandemic](#)

Sugary Drinks Resources (posters, print materials, public service announcements)

- Sugary Drinks Guide for Dental Providers: [When Sugar is Not So Sweet \(2017\)](#)
- [Tooth Decay PSA](#)

Alaska Obesity Burden Documents/Data Reports

- [Physical Activity, Nutrition and Obesity Facts Report \(2020\)](#)
- [Early Childhood Physical Activity, Nutrition and Obesity Facts \(2019\)](#)

Contact:

Karol Fink, MS, RDN | karol.fink@alaska.gov | 907.310.8721 | [Alaska Physical Activity and Nutrition Program](#)