



Case Studies in Capturing Health Care Savings through Population Health

John Lovelace

Name of project or collaborative

Cultivating Health for Success (CHS)

Geography

Allegheny County, PA (Greater Pittsburgh)

Brief description

Target population/community:

Adults enrolled in a UPMC Health Plan Medicaid product (Medicaid HMO or Dual Eligible SNP)

Health issue or condition that is the focus of the project/collaborative:

Adults with one or more chronic illnesses and a history over at least one year of above average use of unplanned care (ED, crisis services, urgent care, potentially avoidable readmissions, admissions for ambulatory sensitive conditions) and who are homeless.

Main strategies used by the project/collaborative:

Potential participants are identified through stratification and/or through community based outreach. The member is invited to partake in a program that offers permanent supportive housing for those who agree to become patients of specific primary care practice (FQHC look alike) and to work with a local housing support agency.

Partners/Sectors that are part of the project/collaborative:

Allegheny County Department of Human Services; Metro Family Practice; Community Human Services; UPMC for You; Community Care Behavioral Health Organization

Duration/when it was initiated: 2010

Relevance of project to this breakout session

This project focuses on the inclusion of safe and affordable supportive housing to reduce unplanned care, improve adherence to recommended treatment, improve health care cost and outcomes as well as the quality of life of the participants.

Results/outcomes

For members with a meaningful tenure in the program and in the health plan, from pre-post assessment period:

- Average PMPM medical costs decreased 11.5%
- Average PMPM for unplanned care decreased by 19.2%
- Average Rx PMPM increased by 5.2%
- Total (Medical plus Rx) PMPM decreased by 8.3%

Funding

UPMC for You contributes funding, initially approximately \$150,000/year, to support:

- Care coordination monthly fee to the primary care practice
- Salary support for the PCP Community RN
- Salary support to Community Human Services for case management service
- HUD contributes a matching amount in Shelter Plus Care funding to pay for permanent supportive housing

Contact

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